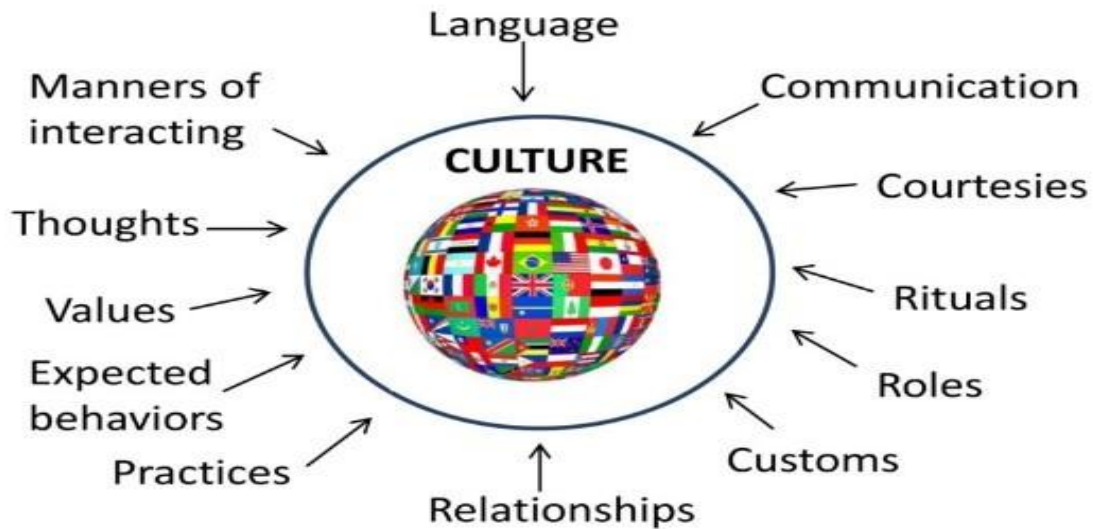


Au Naturale: Oral Health and Homeopathic Trends

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Midwest Dental Conference-100th Anniversary 3 CDE Credits

Cultural Competency = Patient Centered Care



- The WHY: trends, geography, prevention, disease management, politics, environment
- Prevalence/history of alternative medicine use
- Patient centered care
- Natural practices
- Brushing with dirt, Bentonite Clay
- Fluoride alternatives, theobromine, hydroxyapatite
- Research Pyramid
- St. John's Wort
- Types of complimentary/integrative health approaches
 - **Natural Products**
 - Herbs, spices, vitamins and minerals and probiotics, Dietary supplements (most common practice in US).
 - **Mind/Body Practices**
 - Yoga, chiropractic, meditation, massage, acupuncture, tai chi hypnotherapy
 - **Other:** Traditional healers, Ayurveda medicine, traditional Chinese medicine homeopathy and naturopathy
- Rhapsology and Ayurveda
- FDA Regulations on natural products
- Oil Pulling: Lauric Acid
- Stannous Fluoride
- Baltic Amber Teeth Jewelry: Succinic Acid

- Essential Oils, vaping oils
- The environment: bamboo toothbrushes, recyclable containers, biodegradable floss
- Eco-Friendly dental office
- Acupuncture in Dentistry
- Gluten
- Ozone
- Antibiotics
- Mercury
- DIY Trends
- Social Media; TikTok Trends
- Patient Centered Care and the Future
- Direct to Consumer Dental Care

NOTES